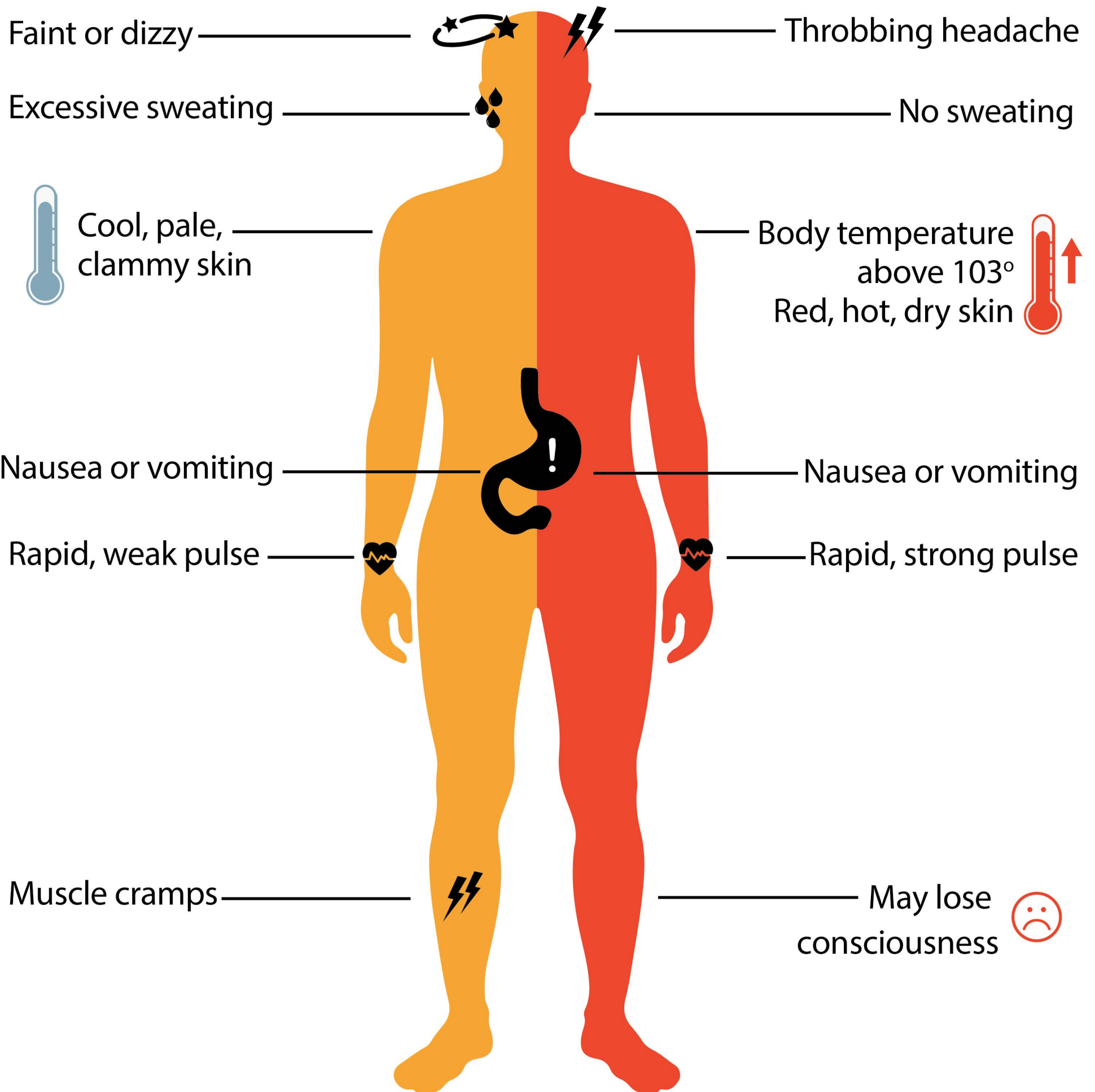


Heat Exhaustion

VS

Heat Stroke

Watch for the Signs



Take Action

- Get to a cooler, air conditioned place
- Drink water only if fully conscious
- Take a cool shower or use cold compresses

Call 911 immediately; this is a medical emergency

- Take immediate action to cool the person until help arrives